

ChildVision Karate Club

Our Karate club classes provide training for all ages and ability.

Children of 7 years and over can enjoy training in a safe environment with close supervision, developing many skills, as well as having fun.

Adults can enjoy traditional training, focusing on fitness, self-confidence, and of course self defence.

Our School fosters a family atmosphere, with many parents training with their children at our SportsLink Club On Sunday at 12.00

Class Times.

Tuesday	20.00 Adult Class
Tuesday	19.00 Children's Class
Thursday	20.00 Adult Class
Thursday	19.00 Children's Class

To enroll just turn up 10 minutes before class time on the Tuesday. It's that simple.

Adult Beginner Classes starts on the First Tuesday of every Month

Children's Beginner Class starts on the First Tuesday of every Month

Instructors:

Robert McGrath 7th Dan.
Eamon House 6th Dan.
Alan Smith 5th Dan.

For More Information, Contact:

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